**Are your electronic devices taking over our lives?**

When I sit down for a family dinner in a restaurant, I can't help but notice that another family next to us are constantly on their phones instead of having a normal face to face conversation with each other. I have written this short piece of work to prove my point why we should socialize rather than being on a device.

Electronic devices are having a bad effect on kids. Parents are role models to their children. Seeing their parents often on their phones sets a bad example for the kids. However, if you show your kids that you can speak and you do socialize they will try and do it, they learn from you, they think what you do is always right. Children always emulate their parents.

Secondly, I would like to talk about how spending time on your phone can minimize the amount of real friends you have. One thinks gaining friends on these social networking sites and having followers is making friends however have you ever met with these people, have you ever had a real conversation with these people?

Thirdly we are spending less time with one another. According [Verywell Family - Know More. Grow Together.](https://www.verywellfamily.com/) Kids are spending 7 and a half hours or more on devises. Including TV, Phones or ipads/tablets! Not only is this wasting half of the day when your awake it is also stopping you from spending time with your family, learning new things or even getting fit. Products using artificial intelligence are being used very often in a lot of homes. They are also replacing parents reading a bedtime story to kids. Not only is this sad to hear but kids also do not have the human contact that is so important.

Another important issue involving kids and teenagers is gaming. Children and teenagers seem to be trapped in this virtual world of gaming 24/7 and not aware of what is happening around them, just solely focused on that one particular game. Instead we could maybe explore.

Speaking to my grandpa (John Dora) who is 75 years old, I have realised how much different it was without any internet especially when it came to gathering information.He stated “back in those days it was much harder finding things out. We had to travel to a library or ask our elders who most of the time didnt know.

I also asked my grandpa what was it like when there wasn't TV. He mentioned “I never really had the best idea of what was going on around the world but I knew enough as he read the newspaper, apparently they were cheap and easy to get”.

My grandpa also said, “back in those days everyone was so happy to speak. They were never busy on some gadget they were always willing to talk”

To conclude, I would like to quote one of the smartest brains Albert Einstein.

“ I fear the day that technology will surpass our human interaction. The world will have a generation of idiots.”!

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<https://www.verywellfamily.com/>